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Psalm 91

How We Experience the Promises of Psalm 91

I. Basic Outline

- In how God uses pain and trials to teach us about Himself
- In how God works all things together for good
- Through the lens of resurrection power
- Through God's deliverance.

II. Study Questions

1. Where do you find refuge, safety, comfort and escape? When you are fearful, discouraged, and upset, where do you run? Do you run to God for comfort and safety or to something else?
2. In what situations do you feel pressured or tense? When do you feel confident and relaxed? When you are pressured, where do you turn? What do you think about? What do you fear? What do you seek to escape from? What do you escape to?
3. Think about a past time of trial or sorrow. Looking back, how did God use that painful time to teach you about yourself? About Himself?
4. What has God determined to be your greatest good? How does this change how you view life circumstances that are out of your control?
5. Our belief in the resurrection doesn't remove pain, but it changes how we go through it. Go back through a read through Psalm 91 on your own and see how every phrase stands to be literally true through the power of Jesus' resurrection.
6. David says in Psalm 27:13, "*I believe I shall look upon the goodness of the Lord in the land of the living!*" In other words, we don't always have to wait until heaven to witness God's goodness, we can expect that in times and in seasons unbeknownst to us, we will see His acts of deliverance in this life! Do you have any examples in your own life where this has been true? Reflect and share!

III. Helpful Texts

John 17:3	Revelation 21:4
Luke 21:16-18	Psalm 27:13
Romans 8:28-29	2 Timothy 4:17-18

IV. Similar Psalms

Psalm 36
Psalm 57
Psalm 61